

Peak to Peak Community Resource Directory

Revised
August 2005

This directory is to help readers find information about family and community services available to the Peak to Peak region. The Directory is available online as a printer friendly file at the Peak to Peak Health Communities Project website <http://www.pphcp.org/> and the Gilpin County website <http://co.gilpin.co.us/> . If you have any changes to suggest, please contact Peak to Peak Healthy Communities Project.

Peak to Peak Healthy Communities Project
PO Box 668 • Nederland, CO 80466 • 303-258-7119 • www.pphcp.org
Bridget J. Fearing • email: info@pphcp.com

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ADDICTIONS / ALCOHOL COUNSELING

Addiction Recovery Center

Counseling: 303-441-1275

Detoxification: 303-441-1281

Alcoholics Anonymous

303-567-4479, 303-569-3576

24 hours: 303-322-4440

Boulder Community Hospital Substance Abuse Treatment, Drug Rehab

303-441-0400

Linza Douglas, LPC, CAC III

Therapist

Jefferson Center For Mental Health/Private Practice

2960 Dory Hill Rd., Ste 100, Black Hawk 80403

303-582-6033

Signal Behaviorist Health Network

303-567-3136

ADULT EDUCATION

Front Range Community College

<http://www.frcc.cc.co.us>

Campuses in Longmont, Fort Collins, Westminster and Brighton

303-678-3722

Red Rocks Community College

<http://www.rrcc.edu>

Lakewood: 303-914-6600

Arvada: 303-914-6010

The Learning Source for Adults and Families

<http://www.coloradoliteracy.org/>

Colorado Literacy and Adult Education for Families, includes GED preparation and English instruction

455 S. Pierce St., Lakewood, 80226

303-922-4683

University of Colorado at Boulder

<http://www.colorado.edu>

303-492-6301

BREAST FEEDING

Boulder Nurse Family Partnership
303-441-7554

Intermountain Nurse Family Partnership
303-670-8010

La Leche League
303-642-7654

Prenatal Plus
303-567-3147

WIC
Boulder: 303-4133-7520
Clear Creek County: 303-567-3134
Jefferson County: 303-239-7143

CHAMBERS OF COMMERCE

Boulder	303-442-1044	www.boulderchamber.com
Coal Creek Canyon	303-642-9343	www.coalcreek.com/chamber
Nederland	303-258-3936	www.nederlandchamber.org

CHILD CARE / PRESCHOOLS

Colorado Child Care Assistance Program (CCCAP), ASPEN Family Services

<http://www.cdhs.state.co.us/childcare/cccap.htm>

Provides financial assistance to low-income families that are working, searching for employment or in training, and families that are enrolled in the Colorado Works Program.

Gilpin County, Nora Shumate
2960 Dory Hill Rd, Ste 100, Golden 80403
nora.shumate.@state.co.us
303-582-5444

Nederland Area, Boulder County: Rosie Apodaca, Intake Coordinator
303-604-1043

Colorado Preschool Program

http://www.cde.state.co.us/cdeprevention/pi_colo_preschool.htm

Information on Colorado preschools – tuition based and free/income-eligible.

PO Box 9011, Boulder, 80301

303-447-5075

303-866-6783 Lori Goodwin Bowers for State level information Bowers_L@cde.state.co.us

Eagle's Nest Early Learning Center

Childcare from birth to kindergarten, Head Start program, sliding scale fee.
10655 Hwy 119, Golden, 80403
303-582-0895
Director – Linda Brown
Assistant Director – Dana Levad
Infant Room supervisor – Denise Ottosen
eaglesnestgilpin@netzero.net

Gilpin County Montessori School

<http://gilpin.k12.co.us/mont.html>
10595 Hwy 119, Black Hawk, 80403, located within the Gilpin School
Elementary Principal – Deb Benitez
benitezd@gilpin.k12.co.us
303-582-3444

Gilpin County School

Preschool teacher – Patti Nichol
10595 Hwy 119, Black Hawk, 80403
303-582-3444 x579

Gilpin County Parks and Recreation

<http://co.gilpin.co.us/Recreation/>
Has a list of Red Cross certified baby-sitters.
Summer Day Camp for children ages 5 – 12.
Gilpin County Parks and Recreation Dept.
250 Norton Dr., Golden, 80403
303-582-1453
Director of Parks and Recreation: Penny Kipley
gcrec@co.gilpin.co.us

Head Start - Boulder County

<http://www.co.boulder.co.us/cs/hs/>
3482 Broadway, Boulder 80304
Division Manager: Maria Harper
303-441-3980

Head Start – Gilpin County

Gilpin County School
Patti Nichol
10595 Hwy 119, Black Hawk, 80403
303-582-3444 x579

Eagles Nest Early Learning Center

Linda Brown
303-582-0895

Head Start – Jefferson County

http://www.co.jefferson.co.us/ext/dpt/humsvcs/head_start/
Serving Jefferson, Park, Clear Creek, and Gilpin Counties
303-271-4693

Little Bear Pre-School

<http://www.nederlandchamber.org/members/LittleBearPreschool.htm>

303-258-3036

PO Box 1688, 575 Hwy 72, Nederland, 80466

Mountain Community Resource & Referral

Operated by Family Resources and Child Care Education

Free child care referrals for Park County, Clear Creek County and Gilpin County

303-914-6275

Over The Rainbow, Nederland's Community Preschool

303-258-0390

PO Box 1743, Nederland 80466

Director, LJ Werner

overtherainbowpreschool@yahoo.com

www.overtherainbowpreschool.us

Wee Creekers

Infants through school age.

30595 Skyline Dr., Golden, 80403

303-642-2223

CHURCHES

Calvary Chapel of Nederland

PO Box 6, 275 Hwy 72, Nederland, 80466

Pastoral Couple: Doug & Pat Gibney

303-258-3502

www.calvarychapel.com/nederland/

Community Presbyterian Church

PO Box 467, Hwy 72, Nederland, 80466

Pastor Don Dexter

303-258-3579

First Baptist Church of Coal Creek Canyon

11243 Twin Spruce Road, Coal Creek Canyon (mailing address: Golden, 80403)

Pastor Tim Levin

303-642-3826

Gilpin Community Church

Gilpin School Auditorium

10595 Hwy 119, Black Hawk, 80403

Pastor George Weidler

303-582-9121

Rocky Mountain Evangelical Free Church

331 Gregory Street, Black Hawk

Pastor Bob Bingham

303-582-3325

303-713-0801

The Rollinsville Community Church, a small welcoming congregation
Meets at the Rollinsville Yacht Club on Hwy 119 next to Blue Spruce Lake
PO Box 2, Rollinsville, 80474
Rev. Dr. Forrest Whitman, Minister
303-258-3951
www.weddingsyourway.org/rollinsvillechurch

St. James United Methodist Church
PO Box 42, 123 Eureka St., Central City, 80427
Pastor Dick Evans (interim until June 2005, 303-916-0869)
303-582-5882
Ermals Thrift Store

St. Mary's Catholic Church
135 Pine Street, Central City, 80427
Father Mike Kerrigan 303-567-4662

St. Paul's Episcopal Church
PO Box 764, 226 E. High Street, Central City, 80427
Gordon Pierce, Warden
Sarah Freeman, Vicar
303-582-0450

St. Rita's Catholic Church
PO Box 901, Hwy 119, Nederland, 80466
303-258-3060, Chris Current
Deacon Walter Sweeney, 303-919-0392

The Light On The Hill
Gilpin County Justice Center – Community Room
2960 Dory Hill Road, Black Hawk
Pastor Herb Aycock
303-456-1447

Union Congregational Church of Ward
PO Box 304, Modoc Street, Ward, 80481

Whispering Pines Church, an Evangelical Free church
73 Gross Dam Rd. behind United Power, off Hwy 72, Coal Creek Canyon
Pastor Brian Young
303-642-3201
canyonyoungs@peoplepc.com

COMMUNITY RESOURCES

Alan Green Foundation
PO Box 615, Black Hawk, 80433
303-582-5364

Boy Scouts
Clear Creek County 303-567-2310
Gilpin County 303-582-3307

Central City Elks Club

113 Main Street, PO Box 246, Central City, 80427
303-582-5181

Clear Creek Resource Center

1531 Colorado Blvd, Idaho Springs, 80452
303-567-3131

Colorado State University Cooperative Extension in Gilpin County

Irene Shonle, Director
230 Norton Drive, Golden, 80403
303-582-9106

Gilpin County Community Center

250 Norton Drive
Blackhawk, CO 80403
Penny Kipley, Director
kipley@co.gilpin.co.us
303-582-1453

Girl Scouts

Nederland Area 303-459-3203

Lions Club

Justine Irwin, President
303-258-3978

Masons**Black Hawk Lodge #11** (meets in Denver)

Secretary: Glenn E. Smiley, 1465 S. Fenton St., Lakewood, 80232, 303-935-0568

Central City Lodge #6

Secretary: Ernest Clore, 2638 S. Allison St., Lakewood, 80227, 303-986-1103

Nevadaville Lodge #4

Secretary: Ashley Buss, 103 Orion St., Golden, 80401, 303-961-0094

Nederland Community Center

PO Box 396, 750 N. Hwy 72, Nederland CO, 80466
Manager, Pat Whited
303-258-9721

Peak to Peak Healthy Communities Project

www.pphcp.org

Project Manager, Bridget Fearing
PO Box 668, Nederland, 80466
303-258-7119
info@pphcp.org

Peak to Peak Rotary

Meetings: Thursdays at noon, Isle of Capri Casino in Black Hawk
Susan Lutz, President
PO Box 512, Black Hawk, 80422
303-258-3849

Ward Children's Fund
PO Box 215, Ward, 80481
Christina Zahn
303-459-9062

COUNSELING / THERAPY / MENTAL HEALTH SERVICES

Boulder County Mental Health Center

A non-profit mental health center providing a full range of services to residents of all ages in Boulder and Broomfield Counties. A sliding fee scale is available; Medicaid and Child Health Plan Plus accepted. Everyone in need is helped, regardless of their ability to pay. Staff who speak Spanish and Hmong are available.

1333 Iris Ave., Boulder, 80304-2296
303-443-8500
24-hour emergency services 303-447-1665
www.mhcbc.org

Families United

Mental health services
Debbie Turnham
1630 Miner St., Idaho Springs, 80452
303-567-4447 ext. 28

Jefferson Center for Mental Health

John Eachon, Supervisor of Mountain Based Services
A non-profit mental health center providing a full range of services to residents of Clear Creek, Gilpin and Jefferson Counties. A sliding fee scale is available; Medicaid and Child Health Plan Plus accepted.

303-425-0300 24-hours
Toll free 1-800-201-5264; TDD 303-432-5049
PO Box 1768, Evergreen, 80437
2960 Dory Hill Rd. Ste. 100, Golden, 80403
progservices@jcmh.org
www.jcmh.org

Sally Bonkrude, MA, MT-BC, Psychotherapist

The Place on Dory Hill
Dory Hill Counseling Services – Individuals, couples, families, children
2958 Dory Hill Road, Golden, 80403
303-582-3025

Linza Douglas, LPC CACIII

Psychotherapist
Jefferson Center for Mental Health / Private Practice
2960 Dory Hill Rd., Ste 100, Black Hawk 80403
303-582-6033 Office
303-432-5308 Voicemail
linzad@jcmh.org

Pie Frey, Psychotherapist, Private Practice

303-444-6500

Nancy Goldaper, Therapist, Private Practice

Serving adolescents and adults
PO Box 254, Nederland, 80466
303-380-8255

Relationship Roots Counseling Services

Home visits for mental health services for children and families
Terri Emberling
1630 Miner St., P.O. Box 893, Idaho Springs, 80452
303-423-1026
te@relationshiproots.com

Terry Taylor, MA, LPC

Counselor, psychotherapist, serving children, adolescents and adults
PO Box 451, Rollinsville, 80474
303-601-9222

DENTAL CARE

Dr. Courney College, DDS

Pediatric dental specialties. Accepts Medicaid
303-670-7070
30960 Stagecoach Blvd., Evergreen, 80439

Dr. Karen Kookan, DDS

Dentistry and oral surgery. Accepts Medicaid for children.
32156 Castle Ct
Evergreen, CO 80439-9517
303-567-2597

Low Income Dental Program

Preventive and diagnostics services, restorative, oral surgery.
Accepts Medicaid and cash paying patients, assists in locating 3rd party financing options
303-430-7399
Locations in Longmont and Westminster:
1250 Hover Rd, Unit F, Longmont, 80501
7970 Sheridan Blvd, 3rd Floor, Arvada, 80003

Dr. Thomas Simpson, DDS

Wolftongue Square, 1 W. First St., Nederland
Accepts Medicaid for children
303-422-4437

DOMESTIC VIOLENCE SERVICES

Safehouse Progressive Alliance for Nonviolence (formerly Boulder County Safe House)

www.safehousealliance.org

835 North Street, Boulder, 80302

303-449-8623

Elaine Calderon

info@safehousealliance.org

24-hour crisis line: 303-444-2424

Teresa Hernandez, Youth Educator & Organizer

Charlotte Gordon, Children's Advocate, 303-673-9000

CHANCE

Changing How Adults Nurture Children's Egos

Help with family violence, non-violence services

www.chanceinc.org

303-696-7233

Christina Dalpiaz, Director

Family Tree

www.thefamilytree.org

Main number: 303-422-2133

Women's Crisis Line, 24 hour: 303-420-6752

Gilpin County Human Services

2960 Dory Hill Rd., St. 100, Black Hawk, 80403

Director, Betty Donovan

elizabeth.donovan@state.co.us

303-582-5444

Gilpin Combined Victim Services

Coordinator: Monica Woznicki

Advocate: Sharon Moon

2960 Dory Hill Road, Golden 80403

303-582-5926

gilpinvictimservices@co.gilpin.co.us

Gilpin County

Jefferson Center for Mental Health

2960 Dory Hill Road, Suite 100, Black Hawk, CO 80403

Linza Douglas, LPC, CAC III, out-patient Therapist

303-582-6033

Mountain Resource Center

Domestic violence services

303-838-7552

Violence Victims Support Group – Clear Creek County

A group for adults and a group for children – victims of violence/abuse

303-679-2426

Judy Brown, Director

Joni Hargitt, Administrative Asst.

EMPLOYMENT

Tri-County Workforce Center

www.trico1stop.org

Employment counseling, job seeking skills and support, statewide business and career development network. Free services to residents of Jefferson County, Clear Creek County, and Gilpin County.

730 Simms Street, Suite 300, Golden, 80401

303-271-4700

TTY/TDD: 800-659-3656

Job order fax: 303-271-4622

Main fax: 303-271-4708

Nancy Belk – Gilpin County contact: 303-582-6003, in Gilpin County Wednesday mornings

Mountain Center

<http://www.co.clear-creek.co.us/Depts/tricount.htm>

PO Box 3669, 1531 Colorado Blvd., Idaho Springs, 80452

303-567-3135 Nancy Belk – serves all 3 counties

Gilpin County

2960 Dory Hill Road, Suite 100, Blackhawk, CO 80403

Nancy Belk

Workforce Coordinator

303-582-6003

nbelk@jeffco.us

Clear Creek County

1531 Colorado Blvd., Idaho Springs, CO 80452

P.O. Box 3669, Idaho Springs, CO 80452

Nancy Belk

Workforce Coordinator

303-567-3135

nbelk@jeffco.us

Workforce Boulder County

2905 Center Green Court, Suite B

Boulder, CO 80301

Phone: 303-301-2900

Fax: 303-939-0054

www.wfbc.org

FAMILY PLANNING

Boulder Planned Parenthood

303-447-1040

Mountain Family Health Centers

Gilpin County: 303-582-5276

Nederland: 303-228-3206

HEALTH CARE

Apria Healthcare

<http://www.apria.com/>

Home respiratory therapy, home infusion therapy, and home medical equipment. Accepts Medicaid and Medicare, CICIP, DHH Indigent, Colorado Access, and more. Covers Peak to Peak Region.

16050 Table Mountain Pkwy #300, Golden, 80403

720-922-4600

Boulder Community Hospital Home Health Care

<http://www.bch.org/%2Fservices%2Fhomecare.cfm>

HomeCare provides registered nurses, therapists and home health aides to care for homebound individuals recovering from surgery or illness. Certified by both Medicare and Medicaid.

Boulder Community HomeCare

Mapleton Center, 311 Mapleton Avenue, Boulder, 80301-9130

303-441-0444

Boulder Community Hospital Physician Referral Line

303-544-5795

Boulder County Public Health Department

<http://www.co.boulder.co.us/health/>

3450 Broadway, Boulder 80304

303-441-1100

WIC: 303-413-7520

Children with Special Needs: Mary Adler 303-678-6137

Nurse Family Partnership: Jane McKinley 303-413-7554

HospiceCare of Boulder and Broomfield Counties

www.hospicecareonline.org

A variety of support services and care for terminally ill patients and their families

2594 Trailridge Drive East, Suite A, Lafayette, 80026

303-449-7740

Clear Creek County

WIC and breastfeeding educator, Sharon Donley, RN 303-567-3134

WIC Educator, Sarah Sage 303-567-3145

Nursing – Idaho Springs 303-567-3147 nurse@co.clear-creek.co.us

Colorado Women's Cancer Control Initiative

<http://www.cdph.state.co.us/pp/cwcci/cwccihom.asp>

Free Mammograms, pap tests and pelvic exams for income eligible women.

Call Mountain Family Health Centers: 303-258-3206 Nederland, or 303-582-5276 Black Hawk

Columbine Family Medicine

<http://www.nederlandchamber.org/members/ColumbineFamilyMedicine.htm>

Dr. Maurice Fauvel DO, Dr. Susan Morrison DO (Board Certified, AAFP Accredited Physicians)

Services include: Whole-life, patient centered care for the entire family, Minor Surgery, Work/School/Sports Physicals, Long-term, Same Day, Urgent Care appointments, Extended Hours to accommodate your schedule, Accepting most insurances, Medicare, Medicaid, CHP+

8:00 a.m. – 5:00 p.m. by appointment. Walk-ins welcome. Extended hours by appointment

Healing Arts Building, 34 E First St, Nederland, 80466

303-258-WELL

Gilpin County Public & Environmental Health Services

<http://co.gilpin.co.us/Commissioners/dept.htm>

Providing services and programs that address public health issues for individuals, families and the community. Septic – review plans, take before Board of Health, and do site inspections. Well water testing. General environmental testing.

Gilpin County – Kara Cooper, Environmental Health Specialist
303-582-5803

David H. Jaggar, MRCVS, DC, Chiropractor

House call practice by appointment

Treatments offered: Chiropractic medicine, manipulative therapy, acupuncture, pain management, nutritional therapy, physical therapy, herbal therapy.

303-506-0025

djaggar@earthlink.net

Jefferson County Department of Health and Environment

<http://www.co.jefferson.co.us/ext/dpt/health/>

260 S. Kipling Street, Lakewood, 80226

303-232-6301

WIC: 303-239-7143

LinCare

www.lincare.com/

Respiratory Care and other Services for the Peak to Peak Region

303-799-8441

Mt. Evans Home Health Care and Mt. Evans Hospice, Inc.

<http://www.mtevans.org/>

3721 Evergreen Parkway, Suite 9

P.O. Box 2770, Evergreen, 80437-2770

303-674-6400

info@mtevans.org

Mountain Family Health Centers

<http://www.mountainfamily.org/>

Services include: Primary Family Practice including diagnosis and treatment of acute and chronic illness/injuries, X-ray, Laboratory testing, EKG/Cardiac Monitors, Maternity Care, Well Baby/ Pediatric/Teen Care, Immunizations, Adult Well Care, Family Planning, Urgent Care, and Specialist Referrals. Accept private insurance, medication assistance programs, plans including Medicare and TriCare. Accept and offer enrollment assistance for Medicaid, Child Health Plan (CHP+), and CICIP sliding scale discount program.

Nederland – Mon.- Fri. 8:30 – 5:30, 2nd & 4th Sat. 8:30 – 2:00 p.m. 303-258-3206

Black Hawk – Mon.-Fri. 8:00 – 5:30 p.m. 303-582-5276

Prema Rose Healing Arts

303-449-8498

Professional Home Health Care

For elderly & disabled adults

Accept Medicaid, Medicare

2400 Central Avenue, Suite H, Boulder, 80301

303-444-1981

Visiting Nurses Association of Denver, Inc.

www.vnacolorado.org/

In-home health care services. Accepts Medicaid and Medicare, covers Nederland and Gilpin County on a limited basis.

390 Grant St., Denver, CO 80203

303-744-6363

HEALTH INSURANCE INFORMATION

AmeriPlan

Dental and vision care discounts

www.mybenefitsplus.com

1-800-444-8601

Child Health Plan Plus

www.cchp.org/

Health insurance coverage for income eligible kids and pregnant women. Includes dental coverage for children

1-800-359-1991

Locally, Mountain Family Health Centers 303-258-3206 Nederland, or 303-582-5276 Black Hawk

Colorado Indigent Care Program (CICP)

<http://www.chcpf.state.co.us/HCPF/cicp/cicpindex.asp>

Sliding fee scale health coverage if income eligible

303-866-2993

Locally, Mountain Family Health Centers 303-258-3206

EPSDT (Early & Periodic Screening, Diagnostic & Treatment Program)

Boulder County 303-413-7518, 7513 (will accept/refer Gilpin County residents)

Gilpin County 303-582-5803

Clear Creek County 303-567-3143

Medicaid

www.cms.hhs.gov/medicaid/

Health insurance plan for income eligible kids and families

Gilpin County - Karen Erdman 303-582-5444

Nederland - Boulder County Social Services 303-441-1000

Mountain Family Health Centers: Nederland 303-258-3206, Black Hawk 303-582-5276

Medicare

Medicare Information line

1-800-772-1213

National Health Care Discount (NHCD) Low cost dental, optical, and prescription plans

<http://www.dentalcarerx.com/>

info@dentalcarerx.com (indicate your city & state of residence)

303-427-2220, 800-707-6423

HOUSING

Boulder County Housing Authority

3482 N. Broadway, Boulder, 80304

<http://www.co.boulder.co.us/cs/ho/>

Executive Director, Frank Alexander

303-441-3929

Public Housing Property Manager – Nederland: Glenda Folesch 303-258-1122 ext. 116

Gilpin County Housing Authority

7490 W. 45th Avenue, Wheat Ridge, 80033

303-422-8600

Habitat for Humanity

<http://www.habitatcolorado.org>

303-454-8965

HUMAN SERVICES / SOCIAL SERVICES

Boulder County

Boulder County Department of Social Services

<http://www.co.boulder.co.us/social/socialsv.html>

(303) 441-1000

(303) 441-1289 (fax)

chiss@co.boulder.co.us

Paula McKey, Director

3400 Broadway, Boulder 80304

Gilpin County

Gilpin County Department of Human Services

<http://co.gilpin.co.us/Commissioners/dept.htm>

(303) 582-5444

(303) 582-5798 fax

Betty Donovan, Director

elizabeth.donovan@state.co.us

2960 Dory Hill Rd., Suite 100

Black Hawk 80403-8780

LIBRARIES

Boulder Public Library

www.boulder.lib.co.us

Main Branch: 1000 Canyon Blvd., Boulder, Colorado 80302

303-441-3100

Gilpin County Public Library

www.gilpinlibrary.org

15131 Highway 119 Golden CO 80403
Open five days a week.
Tuesday & Thursday 9am-8pm. Wednesday & Friday 9am-6pm,
Saturday 9am-4 pm. Closed Sunday & Monday.
Preschool Story Hour Wednesdays at 10:00 a.m.
Free Internet access
303-582-5777

Idaho Springs Public Library

219 14th Avenue, PO Box 1509, Idaho Springs 80432
303-567-2020
ilibrary@purplemtn.com

Nederland Community Library

www.nedlib.org
In the Nederland Community Center west wing
750 N. Highway 72; P.O. Box 836
Hours: Monday - Thursday: 10am - 7pm, Friday and Saturday: 10am - 4pm
Preschool Story Hour Mondays at 10:30 a.m.
Free Internet access
303-258-1101

Ward Library

PO Box 241, 1 Columbia St., Ward 80481
303-459-3358
Honor system

NUTRITION NEEDS

Boulder County Food Stamps

Department of Social Services
303-441-1200

Boulder County Department of Health

Mary Schweitz
3450 Broadway, Boulder, 80304
303-413-7520

Clear Creek County Nursing Service

Sarah Sage
PO Box 1820, Idaho Springs, 80425

Gilpin County Food Stamps and Food Bank

For Gilpin County residents only
Nora Shumate, Karen Erdman
303-582-5444

Jefferson County Department of Health and Environment

303-239-7143
260 S. Kipling, Lakewood, 80226

Loaves and Fishes Food Bank

545 Hwy 103, Idaho Springs
Open Wednesdays and Thursdays 10:00 am – 3:00 pm
Kathy or Bill
303-567-4450

Meals on Wheels

www.mowaa.org/ www.mowboulder.org
Home-delivered meals to seniors
Nederland area residents: 303-258-0799
Gilpin County residents: 303-582-5444 Mary Ellen Makosky
Boulder office: 303-441-3908, 909 Arapahoe, Suite 121, Boulder, 80302

New Covenant Church

Food pantry for Allenspark area
1423 County Road 84W, Allenspark
303-747-1114

Presbyterian Community Church, Nederland

Food pantry
303-258-3579
For seniors, singles and families with a Nederland PO Box; One visit allowed for travelers
10am-noon First and last Thursdays of each month, call for appointment for other times

Senior Meal sites

Nederland 303-258-0799
Gilpin County Senior Services: Mary Ellen Makosky - 303-582-5444
Clear Creek County 303-567-2382

USDA Food Distribution

Monthly Food Distribution for income eligible individuals and families
Gilpin County, Health and Human Services 303-582-5444
Nederland, Presbyterian Community Church 303-258-3579 10:00 am 2nd Saturday of the month
Ward, Mountain Community Resource Center 303-459-3358, Ward Children's Fund 303-459-9062

WIC - Women, Infant, Children Nutrition program

www.fns.usda.gov/wic/
Promoting and maintaining the health and well-being of nutritionally at-risk pregnant, breastfeeding, and postpartum women, infants, and children. WIC provides supplemental nutritious foods, nutrition and breastfeeding information, and referral to other health and nutrition services. WIC promotes and supports breastfeeding.
Clear Creek County and Gilpin County residents: Sara Sage 303-567-3144
Boulder County and Gilpin County residents: 303-413-7520
Jefferson and Gilpin County residents: Sara Lemley 303-239-7117

PREGNANCY / PARENTING SERVICES

Boulder County Health Department

WIC Educator, Mary Scwheitz 303-413-7520 (will accept Gilpin Cty residents)
Clear Creek County WIC Educator, Sarah Sage 303-567-3145 (will accept Gilpin Cty residents)

Boulder County Planned Parenthood

www.pprm.org
Arapahoe Village Shopping Center
2434 Arapahoe Ave. Boulder, 80302
303-447-1040

Boulder Nurse-Family Partnership Program

<http://www.co.boulder.co.us/health/famhlth/nfp.htm>
Boulder County Public Health
Serving families in Nederland and Boulder County
Jane McKinley
3450 Broadway, Boulder 80304
303-413-7554

Columbine Family Medicine

Dr. Maurice Fauvel DO, Dr. Susan Morrison DO (Board Certified, AAFP Accredited Physicians)
Services include: Whole-life, patient centered care for the entire family, Minor Surgery,
Work/School/Sports Physicals, Long-term, Same Day, Urgent Care appointments, Extended Hours to
accommodate your schedule, Accepting most insurances, Medicare, Medicaid, CHP+
8:00 a.m. – 5:00 p.m. by appointment. Walk-ins welcome. Extended hours by appointment
Healing Arts Building
34 E First St, Nederland CO 80466
303-258-WELL

DeAna Durbin, Registered Midwife

A Mother's Touch Midwifery
DeAna Durbin, Registered midwife
720-320-5270 Cell
303-988-2735
DeAnamidwife@aol.com

GENESIS

Various types of assistance for pregnant teens
Boulder County Health Department
3450 Broadway, Boulder, 80304
303-413-7529

The HOME Program of Clear Creek County

Hope, Opportunity, Morale, Empowerment
Clear Creek County Department of Nursing Services, Sharon Donley, RN 303-567-3147
nursing@co.clear-creek.co.us

Intermountain Nurse-Family Partnership Program

www.iik.org/nursefamilyinit.htm
Summit County Public Health Nursing
Nurse Family Partnership Program
Amy Wineland, RN, CPNP, ND

Phone: (970) 668.4182
Fax: (970) 668.4115
Email: amyw@co.summit.co.us
Carol Vickery, Nurse Home Visitor – Serving Clear Creek and Gilpin Counties: 303-670-8010

Kids Connections

www.kidsconnections.org

Formerly known as Boulder County Early Childhood Connections
Serving Boulder and Broomfield county infants and toddlers with special needs and their families
1371 Hecla Drive, Suite B-III
Louisville, CO 80027
720-890-1618
FAX: 720-890-1619
info@kidsconnections.org
Ardith Ferguson, Executive Director

Mama Mia Postpartum Care

Pam Ward
P O Box 2023, Nederland CO 80466
303-258-3549

Mary Neff

Mother's Circle, private and small group Childbirth Classes, Doula, Postpartum care
3227 Ridge Rd., Nederland, 80466
303-642-7654
doula@woman-kind.net

The Mother's Circle meets in the downstairs meeting room at the Mountain Peoples Co-Op in Nederland (Chipeta Park in summertime): For mothers with babies to share stories and information. Pregnant women are welcome. Free.

Mother Nurture Postpartum Services

Sharon Ferguson – Postpartum Doula
Daily home care for postpartum families, offering infant care & techniques, lactation and emotional support, menus and meal preparation, laundry, help with siblings, infant massage, errands and routine housekeeping. Established 1987. References upon request.
303-258-3165, 303-808-1449

Mountain Family Health Centers

<http://www.mountainfamily.org/>

Services include: Primary Family Practice including diagnosis and treatment of acute and chronic illness/injuries, X-ray, Laboratory testing, EKG/Cardiac Monitors, Maternity Care, Well Baby/Pediatric/Teen Care, Immunizations, Adult Well Care, Family Planning, Urgent Care, and Specialist Referrals. Accept private insurance, medication assistance programs, plans including Medicare and TriCare. Accept and offer enrollment assistance for Medicaid, Child Health Plan (CHP+), and CICIP sliding scale discount program.

Nederland – Mon.- Fri. 8:00 – 6:00, 2nd & 4th Sat. 8:30 – 2:00 p.m. 303-258-3206 PO Box 9
Black Hawk – Mon.-Fri. 8:00 – 5:30 p.m. 303-582-5276 PO Box 60

Nurturing Parent Group

Parents and children learn to work together with effective parenting strategies
Terri Emberling
1630 Miner St., P.O. Box 893, Idaho Springs, 80452
303-423-1026
te@relationshiproots.com

Parenting Place

<http://www.boulderparenting.org>
1235-A Pine Street, Boulder, 80302
303-449-0177

Pre-Natal Plus

Free. For Medicaid eligible women, pregnant to 60 days postpartum, in Clear Creek and Gilpin Counties. Nurses, dieticians, and counselors offer answers to questions about pregnancy, labor and delivery, and caring for a new baby. Staff offers information on resources in your community and will spend time with you during your pregnancy and after, until your baby is 2 months old.

Idaho Springs: Jean Barta, RN

Clear Creek County: Sharon Donnelly, R.N.

1531 Colorado Blvd. PO Box 3669, Idaho Springs, 80452

303-567-3147

303-567-3145

Real Choices Pregnancy Care Center

<http://realchoicespcc.org/>

info@realchoicespcc.org

Variety of free & confidential services including pregnancy testing

Nederland office: 268 W Third St, Nederland, 80466

303-258-7655

Phone hours: Mon - Thurs 10:00am – 2:00pm

Office hrs: Mon 1:00 – 3:00, Tues 12:00 – 2:00

Andi Wright

PUBLIC HEALTH SERVICES

Boulder County Public Health Department

3450 Broadway, Boulder, 80304

Main: 303-441-1100

WIC: 303-441-1169

Clear Creek County

Jan Barta, R.N.

Main: 303-567-3147, 303-679-2428

WIC: 303-567-3134

Gilpin County

303-582-5803

Jefferson County

260 S. Kipling, Lakewood, 80226

303-239-7143

SCHOOLS

Boulder County Home Educators Association

<http://www.bchea.com/>

A community of home educators supporting homeschool parents and children

Calvary Chapel Home School Group

Peak to Peak region network of home schoolers

PO Box 519, Pinecliff, 80471

303-642-2732

Kim Boyles

Gilpin County School

<http://gilpin.k12.co.us/>

10595, Hwy 119, Black Hawk, 80403

303-582-3444

Superintendent – Ken Ladoucer x300

Elementary Principal – Deb Benitez x306

Secondary Principal – John Livingston x304

Counselor – Peggy Miller x142

School Nurse – Jan Gutierrez x310

Chinook West

www.bvsd.org/schools/chinook/west/ www.teensinc.org

Alternative High School Program

TEENS Inc., Youth and Family Center

151 East Street, Nederland 80466

303-258-7046

Nederland Elementary School

www.bvsd.org

#1 North Sundown Trail, Nederland, 80466

303-258-7092

Principal – Nancy Vaughn

www.nesptsa.org PTSA

Nederland Middle/Senior High School

www.bvsd.k12.co.us/schools/nederlandhigh

597 Eldora Road, Nederland, 80466

303-258-3212

Principal – Rich Salaz

Assistant High School Principal – Scott Cawlfeld

Assistant Middle School Principal – Ed Porritt

Intervention Specialist – Suzy Rippy

Counselor – Aly Shambo

Triumph High School

<http://gilpin.k12.co.us/>

Alternative high school located in Central City, for students age 14-20 in Gilpin County and surrounding areas, by referral from high school principal

10595 Hwy 119, Black Hawk, 80403

Michael Ridgeman

303-582-9975

SENIOR SERVICES

Adult Care Management, Inc. (ACMI)

Long term care specialists and designated Medicaid entry-point for residents of Boulder, Gilpin, and Clear Creek Counties. Services for financially and medically eligible seniors aged 65 and over, or disabled adults aged 18-64. Variety of programs available in-home or assistance with long-term care facility placements.

Molly Gibson, Care Manager for the Peak to Peak region
303-439-7011 ext 104

Boulder County Aging Services Division

www.co.boulder.co.us/cs/ag/

Community Care Coordinators provide information and assistance for seniors (age 60+) and caregivers to help navigate the maze of resources; support and advocacy; phone consultations or home visits. Services provided at no cost.

Nederland area: Karen Hoover, 303-258-3068

Allenspark area: Peggy Mills, 303-747-2592

City of Boulder: Sandy Hollingsworth, Senior Resource Specialist 303-441-4388

Complete Home Health Care

Home Care Services
303-441-5272

ElderCare Connections

<http://www.eldercareconnections.com> |

Home Care Services
720-652-9486

Gilpin County Senior Services

www.co.gilpin.co.us/seniors/

Information and Referral, Twice weekly meals, Holiday Celebrations, Luncheons with Nederland and Coal Creek seniors. On sight medical clinics, Health and Nutrition Presentations. Free Transportation to group luncheons, medical and dental appointments, Weekly grocery shopping trips.

2960 Dory Hill Road Suite 100, Black Hawk, 80403 (Golden, for mailing)

303-582-5444

303-582-5798 Fax

gilpinseniors@co.gilpin.co.us

Mary Ellen Makosky

HospiceCare of Boulder and Broomfield Counties

www.hospicecareonline.org

A variety of support services and care for terminally ill patients and their families

303-449-7740

2594 Trailridge Drive East, Suite A, Lafayette, 80026

Mt. Evans Home Health Care and Mt. Evans Hospice, Inc.

<http://www.mtevans.org/>

3721 Evergreen Parkway, Suite 9

P.O. Box 2770, Evergreen, 80437-2770

303-674-6400

info@mtevans.org

Nederland Area Seniors, Inc.

Meals for seniors at the Nederland Community Center on Mondays and Wednesdays at noon. Please make a reservation in advance by calling 303-258-0799. Homebound meal delivery serving hot and frozen meals. Holiday celebrations, educational programs, outdoor outings and other entertaining excursions. Monthly newsletter.

Director, Merrin "Emmy" Slocomb
P.O. Box 188, Nederland, 80466
303-258-0799
www.nederlandareaseniors.org
nas@nednet.net

Senior Meal sites

Clear Creek County 303-567-2382 (Idaho Springs)
Gilpin County 303-582-5444
Nederland 303-258-0799

Seniors' Resource Center

www.srcaging.org
Adult day care, transportation, care management, in-home care
Serving mountain communities surrounding Evergreen, including parts of Gilpin & Clear Creek Counties
5120 Hwy 73, Evergreen, 80439
303-674-2843

Visiting Nurses Association

<http://www.vnacolorado.org>
Home Care Services
303-744-6363

SPEECH THERAPISTS

Elizabeth A. Hodges, MA, CCC-SLP, Speech Therapist
Gilpin County Schools
303-582-3444 x478
hodgesl@gilpin.k12.co.us
jandlhodges@earthlink.net
For kids age 3 – grade 12, complete Childfind assessments. Member of the Youth Action Committee.

Beth Landry-Murphy M.A., CCC-SLP, Pediatric Speech Language Pathologist
PO Box 1463
Nederland, 80466
303-258-0298

SUICIDE PREVENTION

Boulder area: 303-447-1665 24 hour hotline

Gilpin area: 303-425-0300 24 hours

SUMMER DAY CAMPS

Gilpin Parks and Recreation

303-582-1453

TEENS, Inc. Youth & Family Center – Summer Day Camp

<http://www.teensinc.org/youth.html>

Nederland Youth and Family Center

151 East Street, Nederland, 80466

Po Box 1070

303-258-3821

Wild Bear Center for Nature Discovery – Summer Programs

<http://www.wildbear.org/summer.html>

303-258-0495

SUPPORT GROUPS

Alcoholics Anonymous, Alanon

<http://bouldercountyaa.org/w3/meetings.php>

Allenspark – 14861 Hwy 7 Fire Station

Central City AA – Joe Duffy, 303-567-3136

Coal Creek Group – United Power Building, 5 Gross Dam Rd.

Gilpin County – 303-582-3102

Nederland – St. Rita's Catholic Church, 303-919-0392

Grief Support Groups and Resources

HospiceCare Grief and Education Center

HospiceCare of Boulder and Broomfield Counties

303-449-7740

Narcotics Anonymous

303-412-2884

Nurturing Parent Group

Parents and children learn to work together with effective parenting strategies

Terri Emberling

1630 Miner St., P.O. Box 893, Idaho Springs, 80452

303-423-1026

te@relationshiproots.com

Parents Support Group

May be starting in Fall 2005. Nederland.

Call (303) 258-0390 for more info.

Sally Bonkrude, MA, MT-BC, Psychotherapist

Parenting Support Group; Grief Support Group; Inner Artworks – personal growth & awareness, moving through personal & professional change in a positive way through the arts.

Groups meet at The Place on Dory Hill

2958 Dory Hill Road, Golden, 80403

303-582-3025

sbonkrude@aol.com

Victim Assistance – Clear Creek County

<http://www.co.clear-creek.co.us/advocates/>
303-569-3126

TRANSPORTATION

Gilpin County Senior Van

Free Transportation to group Luncheons, field trips, medical, and dental appointments. Free transportation for weekly grocery shopping trips.

Gilpin County Senior Services

2960 Dory Hill Road Suite 100, Black Hawk, 80403

303-582-5444

303-582-5798 Fax

gilpinseniors@co.gilpin.co.us

Mary Ellen Makosky

RTD Bus Information

www.RTD-Denver.com

1-800-366-RIDE

303-299-6000

6:00 a.m. - 8:00 p.m. Monday through Friday

9:00 a.m. - 6:00 p.m. Weekends and Holidays

Outside 303 calling area for: 1-800-366-7433 (1-800-366-RIDE)

TDD for the speech and hearing impaired: 303-299-6089

SeniorRide: 303-299-6503

Special Transit

www.specialtransit.org

Door-to-door wheelchair accessible transportation available in Nederland and some mountain areas. Call for availability.

Wednesday Service - local transit within Nederland community, \$0.75 one way, 8:30 am- 5:30 pm.

Friday Service - Nederland to Boulder, varied times, \$3.00 one way. No-fare options available.

Call 1-7 days before needing a ride

303-447-2848 Main

303-447-9636 Dispatch / Schedule a Ride

info@specialtransit.org

VETERANS SERVICES

Boulder County Veterans Services

<http://www.co.boulder.co.us/cs/vs/>

Veterans Services Division Manager, Michael Holliday

2128 Pearl Street, Boulder

303-441-3890

Clear Creek County Veterans Office

303-679-2422

veterans@co.clear-creek.co.us

VFW Stanley Nelson Post 7563, Black Hawk

various types of assistance for local veterans
Commander Lionel Begg 303-582-5535
American Legion – Commander Teodo Dominguez 303-582-5134

Gilpin County Department of Human Services

<http://co.gilpin.co.us/Commissioners/dept.htm>
Veterans Officer, Bill Squire
2960 Dory Hill Road, Suite 100, Black Hawk, 80403
303-582-5444
303-582-5798 Fax

Veterans Outreach

PO Box 432, Pinecliff, 80471
Randy Palmer, President

Vietnam Veterans Outreach Center

Boulder area: 303-440-7306

YOUTH / FAMILY SERVICES

Boulder County Health Department

<http://www.co.boulder.co.us/health/>
WIC Educator, Mary Schweitz (Gilpin County residents accepted)
mschwietz@co.boulder.co.us 303-413-7520
Children With Special Needs: Mary Adler, 303-678-6137
Nurse-Family Partnership: Jane McKinley, 303-441-7554
EPSDT – Program helps families access early identification and treatment of medical, dental, vision, hearing, mental health, and development problems for their children. 303-413-7518

Boy Scouts

Clear Creek County 303-567-2310
Gilpin County 303-582-3307

Child Find, Inc.

1-800-426-5678

Clear Creek County

<http://www.co.clear-creek.co.us/Depts/depts.htm>
Sharon Donley, RN 303-567-3134
WIC Educator, Sarah Sage 303-567-3145

Cornerstone Services

For children with emotional disturbances. Serving Clear Creek & Gilpin Counties
PO Box 801, Georgetown
Debbie Turnham
303-569-3383
303-619-1406

Families United

Mental health services
Debbie Turnham
1630 Miner St., Idaho Springs, 80452
303-567-4447 ext. 28

Gilpin County Community Center

www.co.gilpin.co.us/recreation/
250 Norton Drive, Golden 80403
303-582-1453
Penny Kipley, Director
gcrec@co.gilpin.co.us

Gilpin County Human Services

<http://co.gilpin.co.us/Commissioners/dept.htm>
2960 Dory Hill Rd., St. 100, Black Hawk, 80403
Director, Betty Donovan
elizabeth.donovan@state.co.us
303-582-5444

Gilpin County Library Pre-School Story Hour

www.gilpinlibrary.org
Wednesday 10am
Gilpin County Library
303-582-5777

Gilpin County Parks and Recreation Dept

<http://co.gilpin.co.us/Commissioners/dept.htm>
250 Norton Dr.
Golden, CO 80403
Phone 303-582-1453
Director of Parks and Recreation: Penny Kipley
gcrec@co.gilpin.co.us

Gilpin County Public & Environmental Health Services

<http://co.gilpin.co.us/Commissioners/dept.htm>
Providing services and programs that address public health issues for individuals, families and the community
Director, Jennifer Lavelly
303-582-5803 Ext. 1
Environmental Health Specialist, Kara Cooper
303-582-5803 Ext. 2

Gilpin County Youth Action Committee

Helping families with you ages birth – 21 find resources in Gilpin County and surrounding areas.
Committee meets 4:15 3rd Thursdays at Gilpin County Public Library.
P.O. Box 249, Black Hawk, 80422-0249
(Contact name and phone number TBD)

Gilpin Youth Council Advisor

Gilpin County Recreation Department
Jason Ferguson, Recreational Coordinator
303-582-1453
jason@state.co.us

Girl Scouts

Nederland Area 303-459-3203

LEAP

<http://www.cdhs.state.co.us/oss/FAP/LEAP/>

Low-income energy assistance program. November – April

General program information 1-800-782-0721

Boulder County Dept. of Social Services 303-678-6097 or 303-441-1000

Gilpin County 303-582-5444

Nederland Community Library Pre-School Story Hour

www.nedlib.org

Mondays 10:30-11:30am

In the Nederland Community Center west wing

750 N. Highway 72; P.O. Box 836

303-258-1101

Runaway Hotline

1-800-231-6946

Teen Breakfast Club

303-567-4384

TEENS, Inc.

www.teensinc.org

Nederland Youth and Family Center

151 East Street, Nederland, 80466

Po Box 1070

303-258-3821

Wild Bear Center for Nature Discovery

www.wildbear.org

The Nederland Community Center - 750 W Hwy. 72

PO Box 1070, Nederland, 80466

303-258-0495

Director, Jill Dreves

wildbear@wildbear.org

W'E – Ward Cultivating Whole Environments

PO Box 287, Ward, 80481

Christina Zahn

303-459-9062

4-H Program

For youth 5-18 years old

CSU Cooperative Extension

230 Norton Drive, Golden, 80403

303-582-9106

More Internet Links for Resources:

Boulder Community Network

Resources, services, news, for Boulder County, Colorado
<http://bcn.boulder.co.us/>

Colorado Department of Human Services Website

<http://www.cdhs.state.co.us/>

Colorado Legal Services

Help for low-income Coloradans seeking legal information dealing with civil legal matters.
<http://www.coloradolegalservices.org/>

Gilpin County website

www.co.gilpin.co.us

Nederland Area Chamber of Commerce

Website links
www.nederlandchamber.org

Peak to Peak Healthy Communities Project

www.pphcp.org