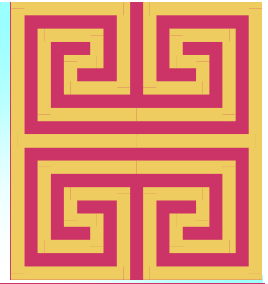
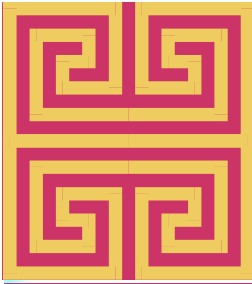


# July 2019

## Gilpin County Public Health



Wednesdays July 3rd & 31st 9:00 am-10:00 am	Restorative Yoga for Chronic Pain FREE with Medicaid or \$5 drop in fee	No Appointment required. Questions? Contact Dawn Marie Gillespie at <a href="mailto:dawng@jcmh.or">dawng@jcmh.or</a> or 303-929-2830
Saturday July 13th	Free -Cardiac Risk Assessment & A1C Testing– No fasting needed	Provided by Gilpin Ambulance Authority Staff as they are available at the Gilpin County Fair

### For Mental Health Services

through Jefferson Center for Mental Health:

303-425-0300 or [www.jcmh.org](http://www.jcmh.org)

We offer **State of Colorado Certified**

well water testing for

Coliform and e. Coli for only \$25.

**FREE** Radon test kits available in the GCPH lobby!

Questions? Stop by 101 Norton Dr., Black  
Hawk or call us at 303-582-5803.

Check out the Gilpin County Public Health  
Facebook page, or go to the website at

[www.co.gilpin.co.us](http://www.co.gilpin.co.us)

